

Team Official Meeting  
U7

Outdoor 2024



# Governance of Soccer



[www.canadasoccer.com](http://www.canadasoccer.com)



[www.albertasoccer.com](http://www.albertasoccer.com)



[www.emsamain.com](http://www.emsamain.com)

[www.emsasouth.com](http://www.emsasouth.com)





# EMSA South Board of Directors

Joe Herlein  
**President**  
Email: [joe.herlein@gmail.com](mailto:joe.herlein@gmail.com)

Tyler Hannah  
**1st Vice President**  
Email: [tyler.hannah\\_8@hotmail.com](mailto:tyler.hannah_8@hotmail.com)

John Stewart  
**2nd Vice President**  
Email: [pastpresident@beaumontsoccer.com](mailto:pastpresident@beaumontsoccer.com)

Angie Sych  
**Registrar & Executive Director**  
Email: [angie@emsasouth.com](mailto:angie@emsasouth.com)

Heather Manchester  
**Admin Assistant**  
Email: [admin@emsasouth.com](mailto:admin@emsasouth.com)

Kirsten Nelson  
**Office Assistant**  
Email: [office@emsasouth.com](mailto:office@emsasouth.com)

Candace Sargeant  
**Treasurer**  
Email: [dcsarg@hotmail.com](mailto:dcsarg@hotmail.com)

Ryan Orr  
**Community Chair**  
Email: [communitychair@emsasouth.com](mailto:communitychair@emsasouth.com)

Cindy Breadner  
**Equipment Director**  
Email: [equipment.mwsa@gmail.com](mailto:equipment.mwsa@gmail.com)

Ricardo Lodhar  
**MW Area Referee Director**  
Email: [rlodhar9@telus.net](mailto:rlodhar9@telus.net)

Josh Viste  
**SE Area Referee Director**  
Email: [ref.sesoccer@gmail.com](mailto:ref.sesoccer@gmail.com)

Teresa Kehoe  
**SE Field Assignor**  
Email: [mtkehoe@telusplanet.net](mailto:mtkehoe@telusplanet.net)

Kyle Denam  
**Selects FC Director**  
Email: [selectsfc@emsasouth.com](mailto:selectsfc@emsasouth.com)

Jorge Rojas  
**Grassroot Technical Director**  
Email: [coachjorgerojas@gmail.com](mailto:coachjorgerojas@gmail.com)

**Tournament Chairperson**  
Email: [tournament.mwsa@gmail.com](mailto:tournament.mwsa@gmail.com)

Heather Manchester  
**Casino Chairperson**  
Email: [socceroffice@millwoodssoccer.ca](mailto:socceroffice@millwoodssoccer.ca)

Balbir Deol  
**Volunteer Chairperson**  
Email: [volunteercoordinator.mwsa@gmail.com](mailto:volunteercoordinator.mwsa@gmail.com)

Ricardo Lodhar  
**Merchandising Director**  
Email: [rlodhar9@telus.net](mailto:rlodhar9@telus.net)

Stephen Andrews  
**Member at Large**  
Email: [stephenandrews0305@yahoo.com](mailto:stephenandrews0305@yahoo.com)

Erin Brown  
**Member at Large**  
Email: [erinbrown@yahoo.com](mailto:erinbrown@yahoo.com)

<https://emsasouth.com/about/board-of-directors/>

# EMSA South Age Director

- Volunteer
- Acts as liaison between the Zone Board and the communities on matters pertaining to the respective age group.
- Main contact for Coaches: Address any issues with your Age Rep or Community Rep first.
- Assist in team formation and issues resolution.

# EMSA South Age Directors

## AGE REPS

Kirsten Nelson & David Moawad

MW Area

**U4 & U5 Boys and Girls**

Email: [office@emsasouth.com](mailto:office@emsasouth.com)

[dmoawad03@gmail.com](mailto:dmoawad03@gmail.com)

Tannis Tulis – SE Area

**U5 & U7 Boys and Girls**

Email: [ritchie@emsasouth.com](mailto:ritchie@emsasouth.com)

Erin Brown – MW Area

**U7 Boys and Girls**

Email: [erinbrown@yahoo.com](mailto:erinbrown@yahoo.com)

Roger Pelletier – MW Area

**U9 Boys and Girls**

Email: [rcpelletier@shaw.ca](mailto:rcpelletier@shaw.ca)

Shelley Svidal – SE Area

**U9 Boys and Girls**

Email: [capilanosoccer@shaw.ca](mailto:capilanosoccer@shaw.ca)

Lindsay Leduc – MW Area

**U11 Girls**

Email: [leducfam@outlook.com](mailto:leducfam@outlook.com)

Stephen Andrews – MW Area

**U11 Boys**

Email: [stephenandrews0305@yahoo.com](mailto:stephenandrews0305@yahoo.com)

David Bucknell – SE Area

**U11 Boys and Girls**

Email: [rec@strathearnc1.org](mailto:rec@strathearnc1.org)

Ryan Orr & Matthew Moawad

MW Area

**U13 Boys & Girls**

Email: [communitychair@emsasouth.com](mailto:communitychair@emsasouth.com)

[matthewmoawad01@gmail.com](mailto:matthewmoawad01@gmail.com)

Corey Wispiski – SE Area

**U13 Boys and Girls**

Email: [cwispinski@hotmail.com](mailto:cwispinski@hotmail.com)

Stephen Andrews – MW & SE Area

**U15 Boys and Girls**

Email: [stephenandrews0305@yahoo.com](mailto:stephenandrews0305@yahoo.com)

Angie Sych – MW & SE Area

**U17/U19 Boys and Girls**

Email: [angie@emsasouth.com](mailto:angie@emsasouth.com)

Kyle Denam

**Selects FC Director**

Email: [selectsfc@emsasouth.com](mailto:selectsfc@emsasouth.com)

# EMSA South Community Reps

## COMMUNITY REPRESENTATIVES

Ryan Orr  
**Community Chair**  
Email: [communitychair@emsasouth.com](mailto:communitychair@emsasouth.com)

Boris Vajsabel  
**Avonmore Representative**  
Email: [sports@avonmore.org](mailto:sports@avonmore.org)

Martin Carnegie  
**Beaumont Representative**  
Email: [president@beaumontsoccer.com](mailto:president@beaumontsoccer.com)

Ian Gray  
**Bonnie Doon Representative**  
Email: [soccer@bonniedoon.ca](mailto:soccer@bonniedoon.ca)

Roger Pelletier  
**Burnewood Representative**  
Email: [rcpelletier@shaw.ca](mailto:rcpelletier@shaw.ca)

Shelley Svidal  
**Capilano Representative**  
Email: [capilanosoccer@shaw.ca](mailto:capilanosoccer@shaw.ca)

Jenn Parsonage  
**Ellerslie Representative**  
Email: [president@ellersliecommunityleague.com](mailto:president@ellersliecommunityleague.com)

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Leslie Krukoff  
**FT Heights Representative**  
Email: [soccer@forestterrace.org](mailto:soccer@forestterrace.org)

Kyle Jarvis  
**Fulton Meadows Representative**  
Email [kjcoz87@gmail.com](mailto:kjcoz87@gmail.com)

Richard Hedley  
**Holyrood Representative**  
Email [rwhedley@gmail.com](mailto:rwhedley@gmail.com)

Ryan Orr  
**Horizon Representative**  
Email: [communitychair@emsasouth.com](mailto:communitychair@emsasouth.com)

Cindy Breadner  
**Knottwood Representative**  
Email: [cindy.breadner@gmail.com](mailto:cindy.breadner@gmail.com)

Lindsay Leduc  
**Lakewood Representative – (acting)**  
Email: [leducfam@outlook.com](mailto:leducfam@outlook.com)

Deanne Whalen  
**Laurel Representative**  
Email: [programs@laurelcl.com](mailto:programs@laurelcl.com)

Erin Brown  
**Leefield Representative – (acting)**  
Email: [erinbrown@yahoo.com](mailto:erinbrown@yahoo.com)

Stephen Andrews  
**Meadows Representative – (acting)**  
Email: [stephenandrews0305@yahoo.com](mailto:stephenandrews0305@yahoo.com)

Jorge Rojas  
**Millhurst Representative**  
Email: [coachjorgerojas@gmail.com](mailto:coachjorgerojas@gmail.com)

VACANT  
**N. Millbourne Representative – (acting)**  
Email: [ed.mwsa@millwoodssoccer.ca](mailto:ed.mwsa@millwoodssoccer.ca)

Corey Wispinski  
**Ottewell Representative**  
Email [cwispinski@hotmail.com](mailto:cwispinski@hotmail.com)

Candace Sargeant  
**Ridgewood Representative**  
Email: [dcsarg@hotmail.com](mailto:dcsarg@hotmail.com)

Tannis Tulis  
**Ritchie Representative**  
Email: [ritchie@emsasouth.com](mailto:ritchie@emsasouth.com)

Raelene McCallum  
**Southwood Representative**  
Email [mccallumraelene@gmail.com](mailto:mccallumraelene@gmail.com)  
Jennifer Costigan and Cheryl West-Hicks  
**Strathcona Representative**  
Email [soccer@strathconacommunity.ca](mailto:soccer@strathconacommunity.ca)

David Bucknell  
**Strathearn Representative**  
Email [rec@strathearncl.org](mailto:rec@strathearncl.org)

Bob Graham  
**Woodvale Representative**  
Email: [bob.graham@albertahealthservices.ca](mailto:bob.graham@albertahealthservices.ca)



# EMSA South Staff

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## **Angie Sych**

Executive Director/Registrar

Ph: 780-468-5233 ext 1

Cell:780-721-8843

Email: [angie@emsasouth.com](mailto:angie@emsasouth.com)

## **Heather Manchester**

Administrative Assistant

Ph: 780-469-7344

Email: [admin@emsasouth.com](mailto:admin@emsasouth.com)

## **Kirsten Nelson**

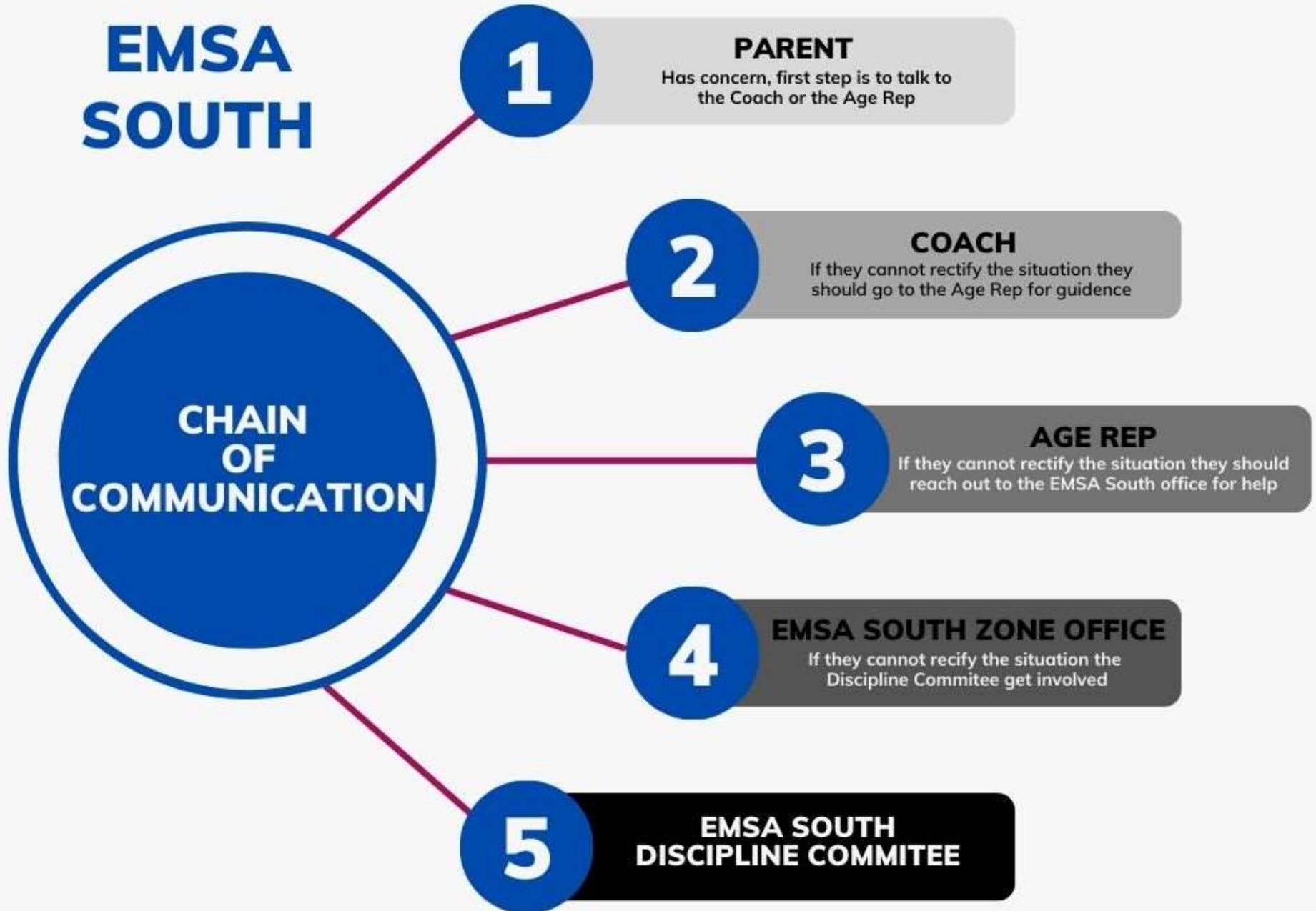
Office Assistant

Ph: 780-468-5233 ext 2

Email: [office@emsasouth.com](mailto:office@emsasouth.com)



# EMSA SOUTH



# What is the EMSA Soccer Portal?

The EMSA Soccer portal is an EMSA Program in which we register players, & coaches, track CPIC information, coach trainings, form team rosters, schedule league games & update standings.

Coaches will use the EMSA Soccer Portal to:

- See Your coach Trainings and PIC Expirations
- Get your Team List & player information
- Download your Alberta Soccer Official Roster
- View Game Schedule (which you will want to input into Team Snap)
- Input Game Scores (U11 & up Teams)
- Download Game sheets (U9 & up Teams)

[www.emsasoccerportal.com](http://www.emsasoccerportal.com)

# Communication with Coaches & Parents

All communications/correspondence from the Mill Woods Soccer office will be sent out via Teamsnap. It is up to coaches and parents to check the app for updated league information.



Once rosters are confirmed we will set your team up with an account, you and your parents will receive an invite!

**We use your soccer portal email so Please ensure that your email is up to date in the emsa soccer portal.**

Once you have been invited you can begin adding the league schedule, practices, snack assignments and communicating with your team!

# Uniforms & Equipment



We provide each team with uniforms & equipment. You should recruit an Equipment Manager volunteer to manage the team's equipment during the season.

The equipment warehouse is located at 9904 71 Ave, entrance way is on the north side of the building at the overhead doors. The warehouse faces 99 Street and has a large mural/painting of Joey Moss on it. Parking is available at the Russel Metals parking lot, on the west side of 99 Street on 71 Avenue.

All equipment handouts and returns occur at this location.

Tim Horton's sponsors the U4, U5 & U7 groups. Jerseys, socks, balls are a keepsake for the players.

# Equipment Handout Date & Times

The 2024 Community Teams Equipment Handout is on **Saturday, April 20, 2024** and the schedule is as follows:

- U9 teams - 9:30 AM to 12:15 PM

**12:15 PM to 12:45 PM - NO EQUIPMENT HANDOUT at this time**

- U11 teams - 12:45 PM - 2:45 PM

- U13 teams - 3:00 PM to 4:30 PM

The 2024 Community Teams Equipment Handout is on **Sunday, April 21, 2024** and the schedule is as follows:

- U7 Teams - 9:15 AM to 12:15 PM

**12:15 PM to 12:45 PM - NO EQUIPMENT HANDOUT at this time**

- U4 & U5 teams - 12:45 PM to 3:00 PM

- U15, U17 & U19 teams - 3:15 PM to 4:30 PM

## Coaching Requirements

By committing to be a Team Official (Coach, Assistant Coach or Manager). You are committing to providing a safe place for youth in Sport.

You commit to a Code of Conduct + to obtain the required certifications in order to provide the level of training for our athletes that is safe, fair, age appropriate and engaging.

Please be advised that all required Coach Training courses are fully refundable back to you once you have successfully completed!

The Next few Slides will go through the requirements for Team Officials

# Coaching Requirements

## RULE OF TWO

The goal of the **Rule of Two** is to ensure all interactions and communications are open, observable and justifiable. Its purpose is to protect participants (especially minors) and coaches in potentially vulnerable situations by ensuring more than one adult is present. There may be exceptions for emergency situations.



### GOOD RULE OF TWO IMPLEMENTATION PRACTICES

- The coach is never alone and out of sight with a participant without another screened coach or screened adult (parent or volunteer) present.
- Allow training environment to be open to observation.
- Ensure a participant rides in a coach's vehicle with another adult present.
- Consider the gender of the participant(s) when selecting the screened coaches and volunteers who are present.
- Eliminate one-to-one electronic messaging. Ensure that all communications are sent to the group and/or include parents.

Learn more: [coach.ca/responsiblecoaching](https://coach.ca/responsiblecoaching)





# Coaching Requirements

- Register as a Team Official in the EMSA Soccer Portal [www.emsasoccerportal.com](http://www.emsasoccerportal.com)
- Obtain a Digital EMSA ID Card (valid 3 yrs) email [emsa.ecarding@emsamain.com](mailto:emsa.ecarding@emsamain.com) with your picture and government ID
- Become Screened and obtain a valid Security Clearance (valid 3 yrs) email Kirsten at [office@emsasouth.com](mailto:office@emsasouth.com)
- Obtain a NCCP Number to set up a Team Official Transcript. <https://thelocker.coach.ca/account/login?ReturnUrl=%2f>
- Complete the Respect In Sport email Kirsten at [office@emsasouth.com](mailto:office@emsasouth.com) for the code
- Complete the NCCP Coach Pathway Course <https://canada-soccer.myshopify.com/collections/grassroots-coaching-education-program>
- For Head Coaches and Assistant Coaches: Complete the NCCP Coach Pathway Course (Active Start) <https://canadasoccer.myshopify.com/collections/grassroots-coaching-education-program>
- For Head Coaches and Assistant Coaches: Complete Safe Sport Roster Training <https://thelocker.coach.ca/account/login?ReturnUrl=%2fonlinelearning>
  - NCCP Making Head Way Module
  - NCCP Emergency Action Planning Module
  - NCCP Rule of Two

# Respect in Sports

- All team officials require this Respect in Sports course as per Canada Soccer (Including Team Managers)
- Much like what is already in effect within the Hockey community, Soccer will be adopting this training mechanism as a tool to make the soccer pitch a fun and friendly environment, free of abusive behavior.

This will only lend itself to making our game what it is intended to be... "The World's Beautiful Game."

<https://emsasouth.com/coachref/coachs-corner/respect-in-sport/>

This course is valid for 5 years after successful completion.



# Coaching Pathway

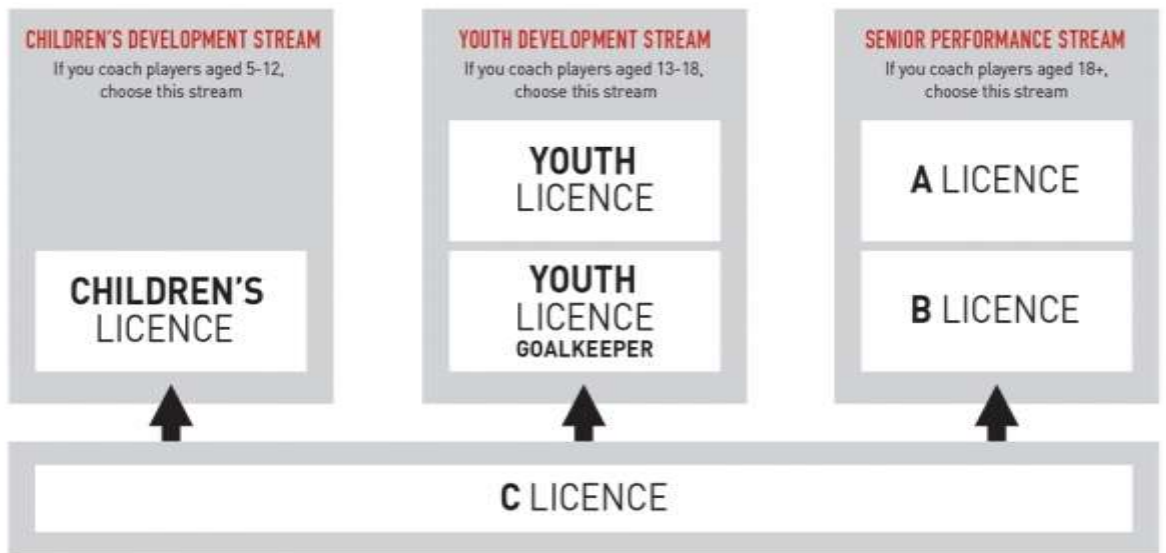


## CANADA SOCCER COACH EDUCATION PATHWAY



### LICENSING STREAM WORKSHOPS

ONLINE MODULES + PRACTICAL WORKSHOPS + EVALUATIONS



### COMMUNITY STREAM WORKSHOPS ONLINE MODULE + PRACTICAL WORKSHOP

**ACTIVE START**

If you coach players aged 4-6, complete this workshop

**FUNDAMENTALS**

If you coach players aged 6-9, complete this workshop

**LEARN TO TRAIN**

If you coach players aged 9-12, complete this workshop

**SOCCER FOR LIFE**

If you coach players aged 13+, complete this workshop

A black and white soccer ball is positioned on a green grassy field. The ball is the classic pentagon-hexagon pattern. The image is partially obscured by a white curved shape on the right side of the slide.

# Community Stream Workshops

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- Active Start (U4 – U7)
- FUNdamentals (U9 - U11)
- Learn to Train (U11 - U13)
- Soccer For Life (U15 – U19)
- Making Ethical Decisions (U9-U19)

# Active Start – U4 to U7

- Our grassroots program follows Canada Soccer and FIFA endorsed Preferred Training Model. This is the Long-Term Player Development.
- Each training session is built around 25 minutes of 4 activity stations, focusing on General Movement; Coordination; Soccer Technique; and 30 minute Small-side Game.
- Focus will be building a foundation of the love of the game.

# Role of the Coach

- It must be FUN!
- Be the Activity Leader
- Inspire, Share Knowledge, Build Confidence
- Be Positive, Encourage and Praise
- Teaching techniques is not a priority
- Everyone has a ball
- Be energetic
- Look like a Coach!

# Player Characteristics

- Fragile bones
- Coordination difficulties
- Natural suppleness - like gymnastic type activities
- Tire easily
- Little difference between boys & girls
- Sensitive to criticism
- High degree of imagination



# U7 Format

- Main focus is FUN!
- Station rotation format completing with a small sided game of max 35 minutes. This format has been shown to allow further development for the player which they require at this age group.
- Physical Literacy is Key.
- Size 3 ball
- Game Rules: <https://emsasouth.com/wp-content/uploads/2023/04/2023-U7-Soccer-Program.pdf>

## U7 Format (con't)

- 5 v 5
- Substitutions during any stoppage, unlimited
- Equal playing time
- 25 minutes is station rotation – 3 fun activities 7 minutes each
- 30 minutes is small sided game (2 15-minute halves)

# EMSA South Mini Fest Tournament

**A FESTIVAL FULL OF EXCITEMENT AND FUN FOR ALL!**

**All Mill Woods Soccer U5 to U7 Community Teams**

**Taking place at Meyokumin (behind the Millhurst  
Community Hall)**

**5811-19A Ave**

**June 1<sup>st</sup> Mini Fest** – Teams will rotate around multiple stations, including a fun scrimmage at the end followed by medal presentations (located near headquarters) The fun filled day includes a BBQ with concession and bouncy castles (weather dependent)



# Equipment

## **Players to Bring**

send an email to parents prior to the season beginning to inform everyone of the equipment requirements

- Jersey (supplied by zone)
- Shorts
- Shin Pads (mandatory)
- Socks that cover shin pads
- Outdoor soccer shoes
- Water Bottle
- NO jewellery or hard brimmed hats

## **Coach to Bring Provided by the zone unless stated otherwise**

- Game balls
- Pop up net or similar style net
- Cones
- Flags (4)
- Pinnies
- Keeper jerseys (2)
- First Aid Kit





# LIGHTNING & SEVERE WEATHER POLICY



**When thunder roars, go indoors!**



Lightning Policy  
/ Air Quality

- Lightning Policy
- Air Quality Index

[https://emsamain.com/wp-content/uploads/2023/01/ASA-Lightning-Safety\\_Severe-Weather-Policy-Compressed.pdf](https://emsamain.com/wp-content/uploads/2023/01/ASA-Lightning-Safety_Severe-Weather-Policy-Compressed.pdf)

<https://emsamain.com/wp-content/uploads/2024/03/COMMUNITY-Air-Quality-Index-Procedure-2024-1.pdf>

# GAME DAY WEATHER

## CITY OF EDMONTON – FIELD STATUS

The City of Edmonton determines every day at 4:00p (weekdays) and 10:00a (weekends) if the City of Edmonton fields are playable. The City of Edmonton has the final determination on this.

Every coach/manager/assistant coach/parent MUST check the status of the City fields before each and every game (if the weather has been bad) to determine if the fields are open or closed.

The status of the field can be checked at [www.edmonton.ca](http://www.edmonton.ca) or by phone at: 780.496.4999, dial 1

You can also subscribe to e-mail notifications with the City of Edmonton.

- If the Zone Cancels the games due to inclement weather where the city has not canceled the fields – Team Snap notice will come at 4:30pm
- If issues such as Lightning / air quality / extreme heat occur refer to policies for next steps
- If there is standing water or unsafe field conditions, it is suggested you move to a clear greenspace location nearby to continue training.
- If there is a game both home and away team must agree to cancel or if there is unsafe playing conditions on a field, please send an email to [angie@emsasouth.com](mailto:angie@emsasouth.com) advising the office of the decision to call the event.
- UNLESS THE CITY OR THE ZONE HAS CANCELLED THE GAME YOU AND YOUR TEAM MUST ALWAYS SHOW UP TO YOUR SCHEDULED GAME OR SESSION TO ASSESS THE SITUATION WITH THE OPPOSING TEAM –ONCE ON THE FIELD ONLY THE COACHES CAN CALL THE GAME

## CITY FIELDS ARE CLOSED

If the City of Edmonton closes the fields, the game will be replayed as per the Automatic Reschedule Process.

# U7 Rain Out Schedule

## **U7 Monday/Wednesday**

If the game on Monday cannot be played due to field closure it shall be played on the following Friday, same time same field

If the game on Wednesday cannot be played due to field closure, it shall be played on the following Saturday at 11:00am on the same field

## **U7 Tuesday/Thursday**

If the game on Tuesday cannot be played due to field closure it shall be played on the following Saturday at 10:00am, same field.

If the game on Thursday cannot be played due to field closure, it shall be played on the following Saturday at 1:00pm, same field.

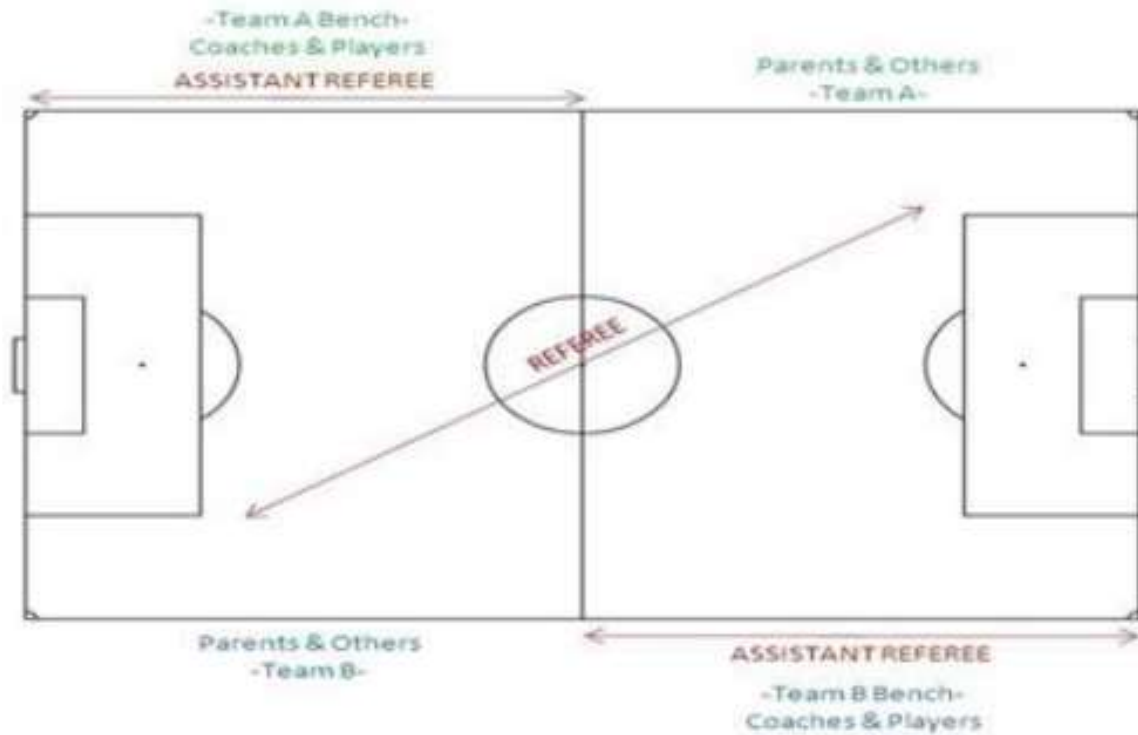


# Spectator and Team Locations / Field Lining

Home Team Chooses the side they would like to sit on. Home & Away spectators must sit on opposite ends of the field. No one can sit behind the net.

Both teams will set up a technical area placing a cone 4 meters from the center flag and 4 meters from the corner flag. Coaches can only coach in this area.

MWSA will line the Mill Woods fields 3 times per season. Beaumont & Leduc Cities line their fields



# FIELD CONDITIONS

## LONG GRASS

If you attend the field and the grass is very long – please feel free to put in a call to the City of Edmonton - 311 (out of town call 780-442-5311) and ask them to mow it. You do not need to contact the office regarding this as we have no influence with the City when it comes to mowing.

The City of Edmonton cuts grass on a rotating basis and can take weeks for them to return to a specific field or area.

If the grass is too long on your field, feel free to move to the green space next to the field if that is better.

## FIELD LINING

EMSA South has crews that come out to line the field. This happens three times a season. If it has been really dry or wet, lines can fade. Please use cones if needed for your game.

## CLOSED FIELDS

The City may close a field for rest from time to time, these fields will be marked by a metal sign on the goal post DO NOT use any fields marked as closed

# Field Etiquette and Information

## Field Do's & Don'ts

- Do Walk the field when you first arrive looking for any unsafe items such as glass
- No pets of any kind are to be attending soccer matches; City of Edmonton Bylaw 2202
- No smoking/vaping at the games/sidelines especially by the coaching staff. City of Edmonton Bylaw 14614
- Clean up after yourselves, keep fields clean and safe.
- Sunflower seeds: if your parents are bringing these to snack on at the games, please ask them to bring a baggie for the shells being left behind. Not only are the shells creating a huge mess, but they are attracting birds which are snacking on them and then leaving their own "mess" behind.
- All other snacks and drinks – please remind your families to clean up after themselves. There have been many wrappers/napkins/juice boxes and general garbage being left behind on the fields.
- Set up a parent meeting prior to the season to discuss responsible field use focusing on the items above, assign a parent to ensure rules are followed.

## When Can I use a Field?

- The zone will assign sports fields which are reserved for your scheduled games.
- Practices are not scheduled by our zone, except for the rain out days. We encourage the use of greenspace for practices, if you choose to arrange practice on a field, GAMES come first.
- The City may close a field for rest from time to time, these fields will be marked by a metal sign on the goal post DO NOT use any fields marked as closed.
- **How to find a field location?**  
<https://emsamain.com/wp-content/uploads/2021/01/How-to-Find-Field-Addresses-and-Maps.pdf>

# Injury Reporting

If a player is injured on the field, we ask all coaches complete the South Zone Injury Report Form.

- This form will direct the team officials as to what steps to take for the type of injury
- It will advise the office of any incidents
- Provide a report for the parent to use for any Dr. visits/medical treatments and appointments.
- Form: <https://emsasouth.com/coachref/pdf-forms/>
- Head injuries should be taken seriously even if they may seem minor, in some cases the Zone office may ask for Doctor clearance before an athlete may return to play.



# Team Manager

Find one!

Bribe one!

A good manager makes your role as a Coach so much easier!

The Team Manager plays a vital role in keeping the team organized and running smoothly. They will support the coaches by performing the following expected duties and responsibilities:

- Upload the team schedule (games/practice days/events) on TeamSnap.
- Be the “pulse” of the team. Listen to parents concerns and convey them to the appropriate person (Coach or Soccer Director)



Questions?

Comments?

# Resources

## **Governing Bodies:**

- <https://emsasouth.com/>
- <https://emsamain.com/>
- <https://albertasoccer.com/>

## **Coach Kit (must review)**

<https://emsamain.com/seasoninfo/outdoorseason/team-official-resources/>

## **EMSA Rules and Regulations**

<https://emsamain.com/about/rules-discipline/emsarules-discipline/>

## **Field Closure Lines**

<https://emsamain.com/seasoninfo/outdoorseason/rain-out-lines/>

## **Rules Acknowledgement Form (DUE April 25th at 9:00am)**

[https://docs.google.com/forms/d/1o4KM0gq9mEi6rjCz1iz4aeAspS0B27wiOgGrt5I2o/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1o4KM0gq9mEi6rjCz1iz4aeAspS0B27wiOgGrt5I2o/viewform?edit_requested=true)

## **Post Season Commitment Form (DUE June 10th at 9:00am)**

[https://docs.google.com/forms/d/1NWCe3KPNv4RW\\_JojKHBZpKcJ4iaVUIrC2J1675dr3X4/closedform](https://docs.google.com/forms/d/1NWCe3KPNv4RW_JojKHBZpKcJ4iaVUIrC2J1675dr3X4/closedform)

## **Active Start (required for Head Coaches & Assistant Coaches )**

<https://canada-soccer.myshopify.com/collections/grassroots-coaching-education-program>

## **Safe Sport Roster Training (required for Head Coaches & Assistant Coaches)**

<https://thelocker.coach.ca/account/login?ReturnUrl=%2fonlinelearning>

1. NCCP Making Head Way Module
2. NCCP Emergency Action Planning Module
3. NCCP Understanding the Rule of Two

Making Ethical Decisions (required for Head Coaches & Assistant Coaches) Making Ethical Decisions – <https://coach.ca/nccp-make-ethical-decisions>





Thank you for volunteering!

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# Tasks of the Active Start Coach





# Organization



## ORGANISATION



**Show up early to allow time to set up the field and equipment prior to players arriving.**

**Have a designated area they can go and practice with friends/parent while others arrive.**

**Define areas clearly with cones. Have a specific area set up for balls and pinnies.**

# Running a Session



**CANADA**

**RUNNING A SESSION – THE START**

**Programme national de certification des entraîneurs**

**National Coaching Certificate**

**Have all players come to one central point.**

**Get down to the same level as players and make sure they are not facing sun/potential distractions.**

**Quick explanation + demonstration – “a picture paints a thousand words”.**

**Quickly get the players active - keep everyone moving in some type of dynamic warm up activity.**



# Communication

A photograph of a soccer coach in a black tracksuit talking to a group of players on a green field. The players are wearing red shorts and light blue training bibs. The background shows red stadium seats. The image is overlaid with a semi-transparent black box containing white text. In the top left corner, there is a Canada logo. In the top right corner, there are logos for the Canadian Soccer Association and the National Coaching Certification Program.

**CANADA**

**RUNNING A SESSION – COMMUNICATION**

**Reinforce positively every effort – praise!**

**Continue to demonstrate and tell them, especially as the activities change.**

**Try not to use jargon.**

Programme national de certification des entraîneurs National Coaching Certification Program

# The End



## RUNNING A SESSION – THE END



**Bring everyone (including parents) in at the end of the session.**

**Encourage parents to play with their children at home.**

**Team cheer, healthy snacks and drinks.**



# Managing the Parents



## MANAGING THE PARENTS



Meeting set up before the start of the first activity or immediately after the 1<sup>st</sup> session

Introduce yourself and the other coaches

Parents could help with tasks during the session – child's teammate

Ask parents in advance for their vacation plan

Parents encourage their child in a positive manner